

## Post Communion

Merciful Father, who gave Jesus Christ to be for us the bread of life, that those who come to him should never hunger: draw us to the Lord in faith and love, that we may eat and drink with him at his table in the kingdom, where he is alive and reigns, now and for ever.

### Activities for the week

<u>Today</u>	10.00am Holy Communion
<u>Tuesday 11th</u>	12.00noon Knit and Natter
<u>Wednesday 12th</u>	9.30am Holy Communion <b>11.30am Ingsway Lunchday</b> 1.30pm Extra PCC meeting in the vicarage 3.30pm Cook & Eat 6.15pm Cubs
<u>Thursday 13th</u>	9.30am Morning Prayer 6.00pm Beavers 7.30pm Scouts
<u>Sunday 16th</u>	10.00am Holy Communion

### Ash Wednesday

Ash Wednesday is at the end of this month. If you have a palm cross from last year which could contribute to the ash, let Patrick have it for processing. Thank you

### Ingsway Lunchday

It's Lunchday again on Wednesday. Come along and enjoy home made soup and a sandwich, not forgetting the conversation with friends.

### World Day of Prayer

The (Women's) World Day of Prayer this year will be on 6<sup>th</sup> of March and a service will be held at Allerton Methodist Church at 2.30pm on that day.

### Annual Parochial Church Meeting

The APCM this year will be on Sunday 29<sup>th</sup> March after the morning service. There are vacancies on the PCC so please consider if you could contribute to the life of our church by taking on this role. We will also be electing churchwardens and deanery synod representatives, so consider these positions as well.

# Sunday 9th February 2020

## 3<sup>rd</sup> Sunday before Lent

### Service: Holy Communion

### Hymns

329, 514, 78, 288, 494

## Welcome to St. Saviour's Church

([www.stsavioursfwg.org.uk](http://www.stsavioursfwg.org.uk))

### Vicar:

The Revd. Dorothy Stewart

### Churchwardens:

Mrs. Grace Studholme; Mr. Patrick Preston

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### Children in Church

Children are most welcome to our services. There is a children's corner at the back of church, with books, toys and colouring sheets for those children too young to sit in the pews.

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### Refreshments.

Please join us for refreshments in the hall after the service

*Please take this service sheet home with you*

### **Collect of the Day**    *3<sup>rd</sup> Sunday before Lent*

Almighty God, who alone can bring order to the unruly wills and passions of sinful humanity: give your people grace so to love what you command and to desire what you promise, that, among the many changes of this world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

### **Isaiah 58:9b-12**

Thus says the Lord:

<sup>1</sup> Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins.

<sup>2</sup> Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. <sup>3</sup> 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?' Look, you serve your own interest on your fast-day, and oppress all your workers. <sup>4</sup> Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. <sup>5</sup> Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD? <sup>6</sup> Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke?

<sup>7</sup> Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? <sup>8</sup> Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rearguard. <sup>9</sup> Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, <sup>10</sup> if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. <sup>11</sup> The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a

spring of water, whose waters never fail. <sup>12</sup> Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

### **1 Corinthians 2:13-16**

<sup>13</sup> And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual. <sup>14</sup> Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are discerned spiritually. <sup>15</sup> Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny. <sup>16</sup> 'For who has known the mind of the Lord so as to instruct him?' But we have the mind of Christ.

**Alleluia! Alleluia!**

You are the light of the world. A city built on a hill cannot be hidden.

**Alleluia!**

### **Matthew 5:13-20**

Jesus went up the mountain and was joined by his disciples. Then he began to teach them: <sup>13</sup> 'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. <sup>14</sup> You are the light of the world. A city built on a hill cannot be hidden. <sup>15</sup> No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. <sup>16</sup> In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. <sup>17</sup> Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. <sup>18</sup> For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished.

<sup>19</sup> Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. <sup>20</sup> For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.'