

because you saw signs, but because you ate your fill of the loaves. ²⁷ Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.'

²⁸ Then they said to him, 'What must we do to perform the works of God?'

Post-communion

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God: in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord.

Activities for the week

Today	10.00am	Holy Communion
Wednesday 4th	9.30am	Holy Communion at St James
Sunday 8th Aug.	10.00am	Holy Communion

Welcome

We welcome Revd Philippa Slingsby-Lunn, curate at Tong, as our celebrant and preacher this morning.

Sunday 1st August 2021

9th Sunday after Trinity

Service: Holy Communion

No Hymns

Welcome to St. Saviour's Church

(www.stsavioursfwg.org.uk)

Interim Priest-in-Charge:

Revd. Canon Vaughan Pollard

Churchwardens:

Mrs. Grace Studholme;

Mr. Patrick Preston

Children in Church

Children are most welcome to our services.

Refreshments.

There are refreshments in the hall after the service.

Please take this service sheet home with you

Collect of the Day Trinity 9

Almighty God, who sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Exodus 16.2-4,9-15

² The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. ³ The Israelites said to them, 'If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

⁴ Then the LORD said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.'

⁹ Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the LORD, for he has heard your complaining."'

¹⁰ And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud.

¹¹ The LORD spoke to Moses and said, ¹² 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God."'

¹³ In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. ¹⁴ When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. ¹⁵ When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the LORD has given you to eat.'

Ephesians 4.1-16

¹ I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ² with all humility and gentleness, with

patience, bearing with one another in love, ³ making every effort to maintain the unity of the Spirit in the bond of peace. ⁴ There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵ one Lord, one faith, one baptism, ⁶ one God and Father of all, who is above all and through all and in all. ⁷ But each of us was given grace according to the measure of Christ's gift.

⁸ Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' ⁹ (When it says, 'He ascended,' what does it mean but that he had also descended into the lower parts of the earth? ¹⁰ He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹ The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹² to equip the saints for the work of ministry, for building up the body of Christ, ¹³ until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

¹⁴ We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵ But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶ from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Alleluia! Alleluia!

I am the living bread from heaven, says the Lord, whoever eats of this bread will live for ever.

Alleluia!

John 6.24-35

²⁴ When the crowd saw that neither Jesus nor his disciples were at the place where Jesus had given the bread, they themselves got into the boats and went to Capernaum looking for Jesus. ²⁵ When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?'

²⁶ Jesus answered them, 'Very truly, I tell you, you are looking for me, not