

²⁹ Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.'

³⁰ So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing?' ³¹ Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat."

³² Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³ For the bread of God is that which comes down from heaven and gives life to the world.'

³⁴ They said to him, 'Sir, give us this bread always.'

³⁵ Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Post-communion

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord.

Activities for the week

<u>Today</u>	10.00 a.m. Holy Communion
<u>Tuesday 7th</u>	12 noon Knit & Natter—CANCELLED No Adult Tap Dancing in August
<u>Wednesday 8th</u>	9.30 a.m. Holy Communion Coach trip to Kendal and Windermere 11.30 a.m. Ingsway Lunch Day
<u>Thursday 9th</u>	9.30 a.m. Morning Prayer
<u>Sunday 12th</u>	10.00 a.m. Holy Communion

Welcome

We extend a warm welcome to Revd. Malcolm Reed as our celebrant and preacher today and next Sunday.

Sundays in August

On each Sunday in August, the service will be at 10.00 a.m. the usual Holy Communion service. There will be no All Age Worship on the 1st Sunday and no Parade on the 3rd Sunday.

Sunday 5th August 2018

10th Sunday after Trinity

Service: Holy Communion

Hymns

153, 203, 222, 67 & 287, 503

Welcome to St. Saviour's Church

(www.stsavioursfwg.org.uk)

Vicar:

The Revd. Dorothy Stewart

Churchwardens:

Mrs. Grace Studholme; Mr. Patrick Preston

Children in Church

Children are most welcome to our services. There is a children's corner at the back of church, with books, toys and colouring sheets for those children too young to sit in the pews.

Refreshments.

Please join us for refreshments in the hall after the service

Please take this service sheet home with you

Collect of the Day

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Exodus 16.2-4,9-15

² The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. ³ The Israelites said to them, 'If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.' ⁴ Then the LORD said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.'

⁹ Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the LORD, for he has heard your complaining."'

¹⁰ And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud.

¹¹ The LORD spoke to Moses and said, ¹² 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God."'

¹³ In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. ¹⁴ When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. ¹⁵ When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the LORD has given you to eat.'

Ephesians 4.1-16

¹ I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ² with all humility and gentleness, with patience, bearing with one another in love, ³ making every effort to maintain the unity of the Spirit in the bond of peace. ⁴ There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵

one Lord, one faith, one baptism, ⁶ one God and Father of all, who is above all and through all and in all. ⁷ But each of us was given grace according to the measure of Christ's gift. ⁸ Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' ⁹ (When it says, 'He ascended,' what does it mean but that he had also descended into the lower parts of the earth?

¹⁰ He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹ The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹² to equip the saints for the work of ministry, for building up the body of Christ, ¹³ until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴ We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵ But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶ from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Gospel Acclamation

Alleluia! **Alleluia!**

Do not work for the food that perishes, but for the food that endures for eternal life.

Alleluia!

John 6.24-35

²⁴ When the crowd saw that neither Jesus nor his disciples were at the place where Jesus had given the bread, they themselves got into the boats and went to Capernaum looking for Jesus.

²⁵ When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?'

²⁶ Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷ Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.'

²⁸ Then they said to him, 'What must we do to perform the works of God?'